

Welcome!

PTGO General Meeting
September 14, 2023



PARENT TEACHER GOVERNANCE ORGANIZATION

**RIVER PARK
ELEMENTARY**

Agenda

- New Executive Board Introductions & Overview of PTGO
- PTGO Bylaw Updates
- Treasurer Report
- Committee Updates
- Upcoming Events
- Presentation by Hope Carr - Executive Functioning Skills
- How You Can Help or Get Involved
- Q&A

Hi, We're the New Executive Board!



Amelia Howard
Co-Chair



Kat Murray
Co-Chair



Kelly Sayed
Secretary



Genie Boericke
Treasurer



Katie Crosby
Member-at-Large



Richard Brandon
Treasurer-Elect



Tony Widder
Principal



Amanda Boleratz
Vice Principal



Kelsey Mullins
Teacher Rep



Lisa McCurdy
Teacher Rep



Hope Carr
Teacher Rep



Alyson Wilson
Teacher Rep

PTGO Bylaw Update

BACKGROUND

Bylaws currently require parents to pay \$5 to become members, with members voting to approve the initial budget and any subsequent budget re-allocations. The bylaws also imply that PTGO General meetings are only for members.

PROPOSAL

- Drop membership requirement.
- PTGO General meetings are open to everyone.
- PTGO Board members are responsible for all budget decisions, with budget updates provided at every General meeting for continued transparency.
- Additional changes include replacing “Parliamentarian” board position with optional additional Member at Large positions and removing/clarifying points to better align with current practices.

PTGO Bylaw Update: Next steps

- 1) JOIN PTGO TO VOTE ON PROPOSED BYLAWS
- 2) REVIEW PROPOSED CHANGES
- 3) JOIN THE NOVEMBER 16 GENERAL MEETING TO VOTE ON PROPOSED CHANGES!

Treasurer Report: 2023 - 24 Budget

Income/Fundraising: \$52k

Readathon target: \$40k

Spring fundraiser: \$6k

Spirit Wear: \$2k

Retail promotions / Donations: \$4,400

Expenses: \$54k

Teachers/Special Programs/Grades: \$19k

Subscriptions (eg Reflex): \$10k

Special projects/Grants: \$9k

Teacher appreciation: \$6k

Fundraising expenses: \$5k

Community events: \$4k

Operations (solicitation license, tax preparation, etc): \$1k

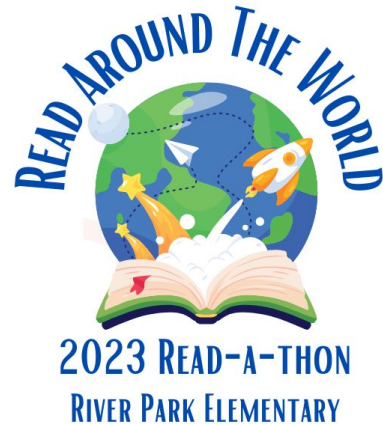
* Detailed Budget Available Upon Request

Committee Updates

- Grant Writing Committee (Brooke Mattocks)
- Teacher Appreciation Committee
- Spirit Night/Painted Grape
- Grounds & Beautification
- Read-a-thon
- Ice Cream Social

Upcoming Events

- Ice Cream Social
 - This Coming Monday!!
- Read-a-thon
 - Planning in Progress!
 - October 9-20
 - Next Planning Meeting 9/20 @ 8pm
 - Theme: Reading Around The World





Executive Functioning

Why does my kid lose their shoes?



What are the executive functioning skills?

- Impulse Control - the ability to pause and think before acting.
- Working Memory - ability to retain and recall information while completing a task.
- Emotional Control - Being able to acknowledge thoughts and feelings and maintain how you respond to your environment.
- Sustained Attention and Goal Persistence - the ability to tend to the task at hand and dismiss irrelevant thoughts.

Continued

- Task Initiation - the ability to self start a given activity.
- Planning and prioritization - Knowing how what to do first, second and last. Often not developed until later adolescence.
- Organization - being able to create and maintain order - also develops much later.
- Flexibility - being able to go with the flow and solve problems.

Situations.....

- My child never puts their shoes where they belong. In the morning they can't find them and they cry. We are always late.
- My child never finishes their classwork. The teacher says she just sits there and looks around. She never actually starts. This means she always has to do her work on the playground or at home.
- He starts his work, but as soon as it gets challenging he quits and stomps off.
- When our plans change, she absolutely loses it.

When does my kid's brain decide to develop these skills?

Simple Answer:

Whenever your child's brain decides it's time.

Complicated answer:

Lots of growth between 3-5 years old, but humans don't stop acquiring these skills until they are in their mid-twenties. Even after that you can practice to build new skills.

So, how do we find the shoes?

- 1) Identify areas that are challenging for your child. What is the situation you keep running into?
- 2) Play according to their deficits. Yep. Play.

Let's PLAY!

- Impulse Control - Simon Says, Red Light Green Light, Snack Stacking, 5 senses, Grounding
- Working Memory - Memory or Matching Games, Follow the Leader, Follow a recipe in DETAIL, Treasure Hunt at home
- Emotional Control - Give them emotion language and the corresponding facial expression or movement.

Continued...

- Attention Span - Name the Instrument, Color by Number, Cup Game
- Get Started - Hide & Seek, Legos/Building blocks, Make Trail Mix
- Planning - Floor is Lava, Retell the Story (First, Then, Finally), Make a List
- Get Organized - Socks on the Floor, Find it and Put it Away (With Timer)
- Mental Flexibility - Break the Rules of a Game, Spot Inflexible Thoughts and Reframe them (for a coin).

Links

[Executive Functioning Workbook](#)

[Executive Functioning Activities](#)

[Chore Chart](#)

Principal Update

- School Updates
- Announcements

How You Can Help!

- Join a Committee
- Grab a slot on a Sign Up Genius
- Come to events

Q&A

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Thanks for Joining Us & Being Involved!!